

# HOT NEWS

February 25, 2024



## St. Luke's Episcopal Church

### WELCOME!

Are you new or visiting St. Luke's? We are glad to have you join us in this celebration of God's hope for our lives and dream for the world: LOVE! If you want more information or to speak with a priest, please complete a Voice from the Pew Card located in the pew rack and place it in the offering plate OR email Jessica

[jessica@stlukesbethesda.org](mailto:jessica@stlukesbethesda.org)

### Children are fully welcomed in worship!

We have nursery care available from 9 - 11:30 am, but it is totally optional.

Masks are strongly encouraged.

### Lent Yoga & Fitness Class on Thursday Evenings!

Please join certified instructors and fellow parishioners Veronica Walgamotte and Marta Montoro for an opportunity to move, breathe, stretch, build strength, and meditate as a complement to your Lenten journey. The first part of each session will focus on building strength and balance (while wearing athletic shoes) and the second half will be for gentle yoga and a short meditation at the end. Please bring a mat, water bottle, and hand weights; other props will be provided. We look forward to deepening the body-mind connection with you during this Lenten season!

Dates & Details:

5 Thursdays during Lent in Ludlum Hall from 6:30-7:30PM - Feb. 22 & 29; Mar. 7, 14, & 21

Please RSVP with the dates you can attend using SignUp Genius or via email to [montoro75@yahoo.com](mailto:montoro75@yahoo.com) and [veronicaw.instructor@gmail.com](mailto:veronicaw.instructor@gmail.com)

\*\*Please note we will follow St. Luke's/MCPS closures in cases of inclement weather.\*\*



### Garden Guild

The Garden Guild is a volunteer group that maintains the gardens on the church grounds. We are a very welcoming group and encourage those who love to garden, or who want to learn more, to join us. We will begin the 2024 growing season with an Annual Potluck Luncheon and Planning Meeting which will take place on Saturday, March 2 from 11am to 1pm in the Reaves Room at church. The

first Garden Guild workday is scheduled for Saturday, March 23 from 9am - 12 noon. If you are interested in joining us, please contact Susie Casson at (301) 983-3898 or [scasson@comcast.net](mailto:scasson@comcast.net) for more information.

Header Art: *The Harp* by Augusta Savage



### **"Will You?" A Five Week Lenten Study of Baptismal Promises**

February 11 - March 10, 2024, 11:30 am, Conference Room next to Reeves

Beginning Sunday, February 11th you're invited to join Deacon Lesley in a five-week Lenten group study about our Baptismal promises, their meaning and their doing, as together we read *Will You? A Lenten Study of Baptismal Promises* by Amanda Perkins McGriff.

When we are initiated into the church with the water of baptism, we (or our sponsors) answer a series of questions called the Baptismal Covenant. The first three questions echo the words of our creeds, our beliefs about God and the church. The last five questions focus on action. They each begin with the words: "Will You?"

These "Will You" questions articulate how we are to animate our baptism, to follow Christ's example in our relationships with others, our communities, and the world. These questions move from a "gathering in" to a "sending out"—they are a call to embrace and practice evangelism by proclaiming the Good News of Christ in all we do and say.

This five-week group study offers daily reflections, examples of evangelism in action, and an invitation to think in new ways about the promises we make to God, each other, and ourselves in baptism.

Want to join? Contact or email Deacon Lesley ([lesley@stlukesbethesda.org](mailto:lesley@stlukesbethesda.org)) or James, our parish administrator ([admin@stlukesbethesda.org](mailto:admin@stlukesbethesda.org)), to sign up. Some copies of the book will be available, and are also available for purchase at Forward Movement.

### **A Gift Toward Easter Flowers**

If you wish to make a gift toward Easter flowers, please feel welcome to use the special envelope in the pews. You may indicate whether it is a memorial or thanksgiving gift. Deadline for acknowledgment in the Easter bulletin is Monday, March 25.



Let us reflect on the stories of our neighbors throughout Montgomery County's many Historically Black Communities. This year's Scotland Juneteenth Heritage Festival will once again honor our neighbors and raise funds and awareness for this vitally important segment of our county.

This year, we'd love to have a tremendous showing from all our area faith communities, building on last year's success. And we need YOU to help with the planning.

Whether or not you participated in the planning for last year's Interfaith Pavilion we'd love to have you. Please plan to join us for our Kickoff and Interest Meeting, to be held Monday February 26, 7:00 p.m.

B'nai Israel Congregation  
6301 Montrose Road  
Rockville, MD 20852

We will review last year's interfaith activities, & discuss some of the funding goals and preliminary interfaith pavilion plans for this year's festival.

### **NOTICE**

**Security Cameras Are Monitoring Hallways, Lobbies, The Sanctuary, And The Exterior Of The Building.**



### **Volunteer Opportunity**



If you are interested in being on a Counter Team at St Luke's, please talk to Clay Miller. We count cash, parishioner checks, & facility user checks that have come in that week after the 10 AM service in teams of 2-3 persons about every 5-6 weeks.

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Bethesda Help has an on-going need for canned tuna/chicken and spaghetti sauce in plastic non-breakable containers. Items can be brought to the next parking lot drop-off or to the Community Engagement room downstairs. There will be more detailed information in March about the organization and how you can help. Thank you to those who have brought food already – the need continues!